VISIT LOFSDALEN

SUMMER EXPERIENCES 2025

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All prices in this document are excluding VAT unless mentioned otherwise. Prices are subject to change.

UNIQUE OVERNIGHT STAYS

UPVALLENS FÄBOD SUMMER GLAMPING

SIZE: Two beds per tent

PRICING: SEK 2190 per night.

A stay includes:

- A made-up double bed
- Wood for the stove in the tent.
- Breakfast.
- Access to a wood-fired sauna and stream bath.
- Final cleaning.
- Add on: Extra beds for children: SEK 200 per bed.

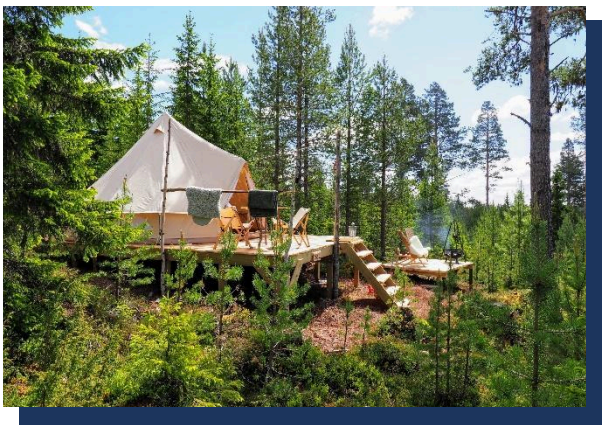
Uppvallens Fäbod is a traditional mountain pasture situated in the heart of Lofsdalen. Rich in history and cultural significance, it offers visitors an authentic taste of the region's past.

The Fäbod is not just a scenic spot but a living testament to the area's agricultural heritage, where visitors can enjoy a hot sauna and a dip in the cold mountain creek, taste local delicacies, and even experience the serene beauty of staying overnight in its wonderful glamping tents.

Contact: carola.arnaryd@gmail.com

CAMP BERJES

BACK TO NATURE CAMP WITH TWO FURNISHED TENTS



SIZE: 2 or 4 beds per campsite

PRICING: From SEK 1150 incl. breakfast

Camp Berjes is a place where you can momentarily leave behind the stress of normal life. The main activities here involve chopping wood, enjoying the sounds of the surrounding forest, ensuring the fire under the grill is nice and hot, and indulging in a relaxing steam in the sauna.

We have a 2 person campsite as well as a 4-5 person campsite. The tents at our campsites come with a comfortable bed, but you'll need to heat your own water for the outdoor shower (real heroes, of course, shower cold) and for a warm fire in the tent on colder nights. It's back to basics here!

More info: www.campberjes.com/

WILDERNESS HUTS

SIZE: 7 people per hut, 2 huts available

PRICING: SEK 1400 /person/night

SEK 3200 /2 adults, 2 children/night

The price includes:

- Towel
- Sleeping bag and bedlinen
- Wild game platter upon arrival
- Prepared evening meal (heated by guest over open fire)
- Breakfast basket
- Access to a wood-fired sauna and hot tub
- Add on: beverages (alcoholic and non-alcoholic)

Enjoy a unique overnight experience in authentic wilderness huts at 850 meters above sea level. The huts are warm as well as a sauna and bath on arrival. After that, you can keep the huts heated with the included fire wood. Of course, brewing your own cup of Swedish coffee over open fire is included! Choose whether you want to spend the night or go home the same evening.

More info: https://www.vaffelstugan.se/

HIKING & BIKING

GUIDED MOUNTAINBIKE TOURS AND CLINICS

Skoterhuset Lofsdalen provides guided mountain bike tours and clinics. These tours provide an excellent opportunity to explore the scenic landscapes of the area in a unique and exciting way, guided by experienced professionals who know the best trails and spots to ensure a memorable experience. Whether you're looking for a leisurely ride or a more challenging adventure, they have options to suit all preferences and skill levels.

ACTIVITIES & PRICING:

Mountain Tour: This tour runs on the south side of Lofsjön along winding natural paths and dug velodromes on Stenrutsleden. Experience magical cycling in a mountain environment out of the ordinary. You cycle in dense forest followed by rolling hills, which deliver breathtaking views. For that reason, we recommend electric bikes to this tour for the best possible experience. The pace is adapted to the more experienced cyclist, despite this we will stop coffee and fill water bottles.

- Length: 4 hours
- Price: SEK 480 /person

Private Mountainbike Clinic: Experience the mountains by bike! If you are a group that wants to cycle together and wants a guide specifically for your particular interests or level, do not hesitate to get in touch. Let a guide show their favorite trails or the best place for a bike coffee. If you are a group that is completely new to cycling and wants a solid introduction and the best paths to practice, this is perfect for you.

- Half day (ca 3 hours) SEK 2000
- Full day (ca 6 hours) SEK 3200

Wilderness Experience: Join us for an experience with the family, group of friends or work colleagues! This tour starts at Skoterhuset with a trip around the mountain ending on a pasture out on the mountain with an overnight stay. The package includes a bike rental, bed with bed linen, towel and access to the sauna. Dinner and breakfast can be booked additionally.

- Length: overnight tour
- Price: SEK 1830 /person

More info: www.skoterhuset.se

DOWNHILL BIKE PARK

In Lofsdalen Bike Park, the focus is on families, beginners and intermediate downhill riders. 16 kilometers of trails that offer really long, lovely rides. Getting uphill is a breeze with our six-chair lift. There are always staff on site to help you get on and off the lift with your bike.

ACTIVITIES & PRICING:

Whole day:

- SEK 1260/adult
- SEK 1025/child

This includes bike rental, a bike pass and full equipment (helmet and protective clothing).

More info and prices: https://www.lofsdalen.com/en/downhill

AMAZING TRAIL BIKING

In Fjällpark MTB, Lofsdalens collection of almost 70 km of newly built mountain bike trails, you will find Lofsdalen's family-friendly cycling.

High up on the mountain is a multitude of cycle paths for the whole family. You can get here with the same lift for the Downhill Park or take the car to the parking lot at the start of many trails. In the Fjällpark MTB it's possible to hike, mountainbike or simply have a nice coffee moment at the wind shelter at the heart of the trails.

And if you're lucky your stay could be during Lofsdalen Bike Weekend, our annual mountain bike festival with concerts, show, races and clinics.

ACTIVITIES & PRICING:

A trailpass can be bought from SEK 150 (incl. VAT) for a whole day and in Lofsdalen you will find a total of three mountain bike rental shops.

More info: www.lofsdalenbike.com

GUIDED MOUNTAIN HIKES

Berjes Adventures offers family friendly guided (private) tours in the Swedish wilderness. You learn about the local plants and animals and maybe even spot some wildlife! A benefit for the Dutch and Belgian market is that the guides speak Dutch.

For the more seasoned hikers we also offer overnight trekkings or even self-guided trekkings including equipment rental.

ACTIVITIES & PRICING:

- Half-day mountain tour: SEK 2972/4 people
- Whole day tour Lofsdalen/Sonfjället: SEK 4199/4 people
- Overnight trekkings: available from SEK 5450/2 guests

More info: www.berjesadventures.com

WILDLIFE & FISHING EXPERIENCES

BEAR WATCHING HIDE

Viewing the Swedish nature's great predators in living life is an experience you never forget. Lofsdalen is situated in one of Sweden's most densely populated areas of brown bears. Spend the night in the cosy decorated and picturesque cottage, where you have good chances to see brown bear and other large Scandinavian carnivores. The cottage has six bunk beds, a kitchen, a toilet and a windowed gallery with wall places for viewing and eight plus one camera holes for photography.

Welcome to Lofsdalen Bear's Den.

ACTIVITIES & PRICING:

Overnight stay including guided hike to the cabin:

- 2 June – 22 June: SEK 3000
- 23 June – 27 July: SEK 5800

Price is for rental of the entire cabin. The cabin is rented out per group and it is not possible to mix groups.

More info: www.lofsdalenbearsden.com

WILDLIFE SAFARI BY CAR

During this tour you ride along with the guide and look for moose, bears, golden eagles and beavers together. Along the way you'll learn about the local animal species and will hear some exciting stories about wildlife encounters in the area. Animals we might encounter are among others: bears, moose, foxes, beavers, wood grouse and black grouse.

Along the way we'll stop at some spots where we leave the car and try to spot animals from a good viewpoint. And enjoy a proper Swedish fika of course.

ACTIVITIES & PRICING:

- Guided wildlife safari by car: SEK 2792/up to 5 people, SEK per additional guest

More info: www.berjesadventures.com

GUIDED FISHING TRIPS

Lofsdalen has many fantastic streams and lakes for fishing. Northland on Demand can show you the best spots so that you can further upgrade your fishing skills. No skills at all? No worries, Northland on Demand can teach you the basics and get you on your way to becoming a good fisherman. Or just have a fun day on the water and enjoy Swedish nature.

ACTIVITIES & PRICING:

- Guided fishing trip with boat including light lunch: SEK 1480/person

More info: www.northlandondemand.com

FUN ON THE LAKE

SAUNA BOAT EXPERIENCE

Experience one of Sweden's most enjoyed pastimes - going to the sauna - on a boat!

The MS Lofsdalen takes you out on the beautiful lake Lofssjön to enjoy a good sweat session in the onboard sauna, after which you can jump in the refreshing lake to cool off.

On board you have the option to enjoy snacks or even a full blown barbeque session.

ACTIVITIES & PRICING:

- Evening tour including skipper and sauna: SEK 560 /person
- Entire boat rental including skipper and sauna: SEK 4000 (max 10 guests, excl. fuel)
- Boat tour with beach docking and meal prepared by chef: SEK 720/person

More info: www.mslofsdalen.se

SUP YOGA CLASSES

Become one with yourself and nature at one of Lofsdalen Outdoor's classes.

ACTIVITIES & PRICING:

- SUP yoga: SEK 150/person, SEK 250/family (incl. VAT)

More info: www.lofsdalenoutdoor.com

INDOOR ACTIVITIES

PADEL: FUN FOR THE WHOLE FAMILY

For those interested in staying active indoors, we recommend booking a session of padel. This fast-paced racket sport is a fun and social way to stay fit. Courts are available for booking, and equipment can be rented on-site.

More info: https://www.lofsdalen.com/

ACTIVITY HOUSE

A place where everyone can meet and socialize with joy, experience and excitement.

The activity center houses a variety of activities for both young and old and a restaurant perfect for when you or the children need new energy.

ACTIVITIES & PRICING:

- Bowling
- Children's Playland
- Restaurant

More info: https://www.lofsdalen.com/en/

OUTDOOR SPORTS

MOUNTAIN YOGA

Snowga - Snow Yoga

Experience something amazing: yoga in front of a fire on reindeer skin, out in the snow, surrounded by breathtaking views.

More info: www.lofsdalenoutdoor.com

DISC GOLF COURSE

The course is located at the foot of mount Hovärken, at the start near the children's slope.

Frisbees can be rented at the Guest Center right next door.

More info: https://www.lofsdalen.com/

OUTDOOR FITNESS CLASSES

Become one with yourself and nature in Lofsdalen Outdoors.

Contrainer - Activity container
All gym memberships provide access to Lofsdalen Outdoor's training box between 06:30-21:00 every day all year round, as well as scheduled group training sessions.

More info: www.lofsdalenoutdoor.com

SHOPS & SERVICES

RESTAURANTS, SHOPS AND SKI & BIKE RENTALS IN LOFSDALEN

[More info on shops & services]

TRAVEL OPTIONS

FLIGHTS, TRAINS, AND CAR RENTALS

Flights and Car/Bus Rentals

Visitors can reach Lofsdalen through several convenient routes, whether by air, train, or car. Below are options to ensure a smooth and enjoyable journey to the Swedish mountains.

Flights

- **Stockholm Arlanda (ARN)**: Arlanda is Sweden's largest international airport with connections worldwide, including numerous SAS flights.
  From Arlanda:
  - **Car rental**: Drive directly to Lofsdalen in about 6-7 hours.
- **Connecting flights to Östersund**: Fly to **Östersund Åre Airport (OSD)**, from where you can rent a car for a 2,5 hour drive to Lofsdalen
- **Jonair flight to Sveg**: Take a connecting **Jonair flight to Sveg Airport** for an 1 hour drive to Lofsdalen.
- **Scandinavian Mountains Airport (SCR) in Sälen**: For winter travelers, Sälen is a nearby airport with seasonal flights offering easy access. Rental cars and shuttles are available to Lofsdalen.
- **Oslo Gardermoen Airport (OSL):** From Oslo, a scenic 5-6 hour drive or train to Lofsdalen.

Train and Bus

Train from Germany to Sweden: From cities like Hamburg and Berlin, you can take a direct train to Copenhagen and then onward to Stockholm. This is a convenient option, especially with night trains.

Train to Mora or Sveg: From Stockholm, you can take a train to Mora or Sveg. The train from Stockholm to Mora takes about 3.5 hours, and the journey to Sveg is slightly longer.

Bus from Mora or Sveg to Lofsdalen: Buses run from Mora and Sveg to Lofsdalen, but transfers may be required. Be sure to check the bus schedules carefully or consider renting a car for the final leg of the journey.

Inlandsbanan (The Inland Railway): This scenic railway runs through central Sweden, reaching Mora and Östersund during summer. Travelers can journey through stunning landscapes, with stops that bring the Swedish wilderness up close. For travelers arriving by **Inlandsbanan (The Inland Railway)**, the best stop is **Sveg**. From Sveg, continue by **rental car or bus** for the remaining scenic drive to Lofsdalen. This route offers the opportunity to explore central Sweden's nature and landscapes comfortably before reaching the mountain destination.